

Quilted Sneaker Supply List by Emily Herbster

1. A Sneaker Kit. You will need to purchase a sneaker kit. The sneaker kits will come with 2 rubber outsoles, 2 insoles, a large ballpoint needle, and waxed thread. The sneaker kit currently comes in three different sole color options: White, Black, and Gum. You can find kits available in the United States at [Maker's Leather Supply](#), [Tandy Leather](#), and [Chicago School of Shoemaking](#). If you're located in Europe, you can buy a kit directly from the kit manufacturer at [SneakerKit](#). For anyone in Switzerland, you can purchase from [SCHUHbyDU](#). *The soles are sold in EU sizes, so please reference a conversion chart to find your appropriate size.*

2. Sneaker Pattern Templates. There are a few different options when it comes to selecting a template. You can select a low-cut version, or you can select more of a high-top style. I personally prefer a low-cut sneaker, so I went with the "classic 3 in 1" template. This is categorized as the Low/Ultra low version as shown below. [Download the templates here.](#)

2A. Backstraps (Optional). You can create backstraps or tabs as I like to call it on the back of the sneakers. I really like how these look and love that they can add some support and structure to help pulling the shoes on. They give you two options as you can see below, one with a loop and a folded version. You can download the template for the backstraps [here](#).

3. Two Yards of Fabric. You will need 1 yard of Interior fabric and 1 yard of exterior fabric.

4. One Yard of Batting. If you don't have scraps, grab one yard of batting. However, this is a great excuse to pull out batting scraps you have. Instead of letting them go to waste (or rot in your closet like mine), grab those remnants and get creative. Seamlessly combine them with a zigzag stitch to form the perfect one-yard piece or just large enough to fit your templates.

6. Shoelaces. When it comes to shoelaces, the sky's the limit for creativity! Whether you prefer a simple plain color, a fun print, or a rope-style design, there are endless options to choose from. Want to add a spooky touch to your quilted sneakers? How about trying glow-in-the-dark laces for a Halloween vibe?

You can purchase shoelaces from a slew of online stores. I really liked the look of the laces online at [Lace Lab](#), and found some really cool options on [Etsy](#).

7. Eyelet Punch Tool & Eyelets. You will need to purchase an [eyelet punch tool](#). This will allow you to punch circles into your fabric to for your laces. It adds nice finishing touch to add the eyelets to protect the exposed seam.

Important Note: To make quilted sneakers, we'll need extra steps to avoid raw edges. The quilted panel will consist of the quilt top and batting only, and the backing/lining will be added later.