



Learn to Let Go!



Background:

As a quilter, it can be hard to just let go when it comes to piecing. This is a quick quilt-as-you-go project that can be finished in a day, help you learn to let go, and be given as a gift!

Materials:

- (10) 1/4 Yard cuts of matching fabrics
- 2 Yards of Backing Fabric
- 2 Yards of Batting
- 1/2 Yard of Desired Binding

Basic Directions:

From each 1/4 yard cut of fabric, cut the following width of fabric strips:

- 3"
- 2 1/2"
- 2"
- 1 1/5"

You should now have 40 strips in various sizes. Once your strips are cut, mix all of your strips and put them in an opaque bag or container.

Domestic Machine Instructions:

Lay out your batting on top of your backing fabric. Pull 2 strips at random, and place them in the center of your batting. Sew them right sides together onto your batting and backing. Press your seam to set it, then open your strips. Pull another strip, and place it right-sides-together with your first piece. Sew the piece to your quilt sandwich. Press your seam, then open your strip. You now should have 3 strips laying flat, and sewn to your batting and backing. Continue pulling pieces and alternating sewing on each side of your quilt sandwich until you make it to both edges. Cut off your selvages and bind as desired.

Long Arm Machine Instructions:

Attach your backing and batting to the frame. Pull 2 pieces from your mixed selection. Starting from the top, lay your pieces out right-sides-together straight across your batting. Line your foot up with the edge of your pieces and engage your channel lock to sew a perfect 1/4" all the way across. Using precise mode, stitch all the way across your batting to tack down your pieces. Finger press or iron open. Continue adding pieces until you make it to the end of your batting and backing. Trim your selvages and bind as desired.